

# **NURSING FOUNDATIONS-BASIC BSc NURSING I YEAR**

## **QUESTION BANK**

### **UNIT I**

#### **INTRODUCTION**

#### **SHORT ANSWERS**

1. Define health
2. Define illness
3. Define hospital
4. List out four risk factors for developing illness
5. Define immunity
6. Differentiate between active and passive immunity
7. Enlist the healthcare team members
8. Define primary health care
9. List down any four functions of hospital
10. Mention the levels of prevention

### **UNIT II**

#### **NURSING AS A PROFESSION**

#### **SHORT ESSAYS**

1. Describe characteristics of nursing profession
2. Explain the functions of Nurse
3. Describe qualities of Nurse
4. Justify Nursing as Profession
5. Enumerate ethical principles of Nursing
6. Classify and explain importance of values in Nursing
7. Describe Professional conduct of a nurse

8. Discuss on scope of Nursing

9. Discuss categories of Nursing Personnel in hospital

10. Discuss on contribution of Florence Nightingale in Modern Nursing

### **UNIT III**

#### **HOSPITAL ADMISSION AND DISCHARGE**

##### **SHORT ANSWERS**

1. Expand LAMA
2. Define abscond
3. Expand MLC
4. List down the types of discharge
5. What is the meaning of referral
6. List down any four medico legal issues in admission of a patient
7. Mention any two responsibilities of a nurse in discharge procedure
8. Enlist medico legal issues in discharge of a patient
9. Enlist types of referrals
10. What is planned discharge

### **UNIT IV**

#### **COMMUNICATION AND NURSE PATIENT RELATIONSHIP**

##### **SHORT ANSWERS**

1. Define communication
2. Enlist the levels of communication
3. List down the elements of communication
4. Enlist types of communication
5. Define empathy
6. List out the modes of communication
7. Enlist steps of communication process
8. List down factors influencing communication
9. List down any four purposes of patient teaching
10. Enlist four barriers to effective communication

### **UNIT V**

#### **THE NURSING PROCESS**

##### **SHORT ESSAYS**

1. Explain ASSESSMENT as first step of Nursing process.
2. Explain the types and sources of Data Collection
3. Describe various methods of data Collection
4. Differentiate between Medical & Nursing Diagnosis with examples
5. Explain the steps of Nursing Care plan for a client with suitable example
6. Explain the steps in Planning as a part of Nursing Process
7. Define nursing diagnosis and discuss the types of nursing diagnosis with example
8. Define Nursing Process. Explain the purposes and importance of Nursing process
9. Define nursing Intervention and discuss the types of Nursing Intervention
10. Explain the steps of Evaluation in Nursing process

## **UNIT VI**

### **DOCUMENTATION AND REPORTING**

#### **SHORT ANSWERS**

1. List down types of records in hospital
2. What is incidental report
3. Differentiate record & report
4. State four guidelines for reporting
5. What is transfer report
6. What is progress note
7. State four guidelines for recording
8. What is the meaning of documentation
9. What is the meaning of computerized documentation
10. List the cases to be included under medico legal records

## **UNIT VII**

### **VITAL SIGNS**

#### **SHORT ESSAY**

1. Define pyrexia .Explain nursing care of a client with Pyrexia
2. Explain characteristics and factors affecting Pulse
3. Explain characteristics and factors affecting respiration

4. Explain characteristics and factors affecting Blood Pressure
5. Define hypothermia. Discuss Nursing measures for Hypothermia
6. Discuss on abnormal pulse
7. Discuss on pattern of abnormal respiration
8. Discuss on types of fever
9. Classify cold and hot application. Discuss on purpose and indication of both
10. Define Blood pressure. Explain steps in measuring blood pressure

**UNIT VIII**  
**HEALTH ASSESSMENT**  
**SHORT ESSAY**

1. Explain the purpose of health assessment
2. Explain the preparation of patient unit for physical Examination
3. Discuss on methods of physical examination
4. Discuss the significance of History Collection in Health Assessment
5. Explain the assessment of Gastro Intestinal system using techniques of physical examination
6. Explain the assessment of Respiratory system using techniques of physical examination
7. Write in detail recording of physical examination findings from head to toe
8. Explain the assessment of Cardio vascular System using techniques of physical examination
9. What are the methods of Health assessment. explain in detail any one method
10. Explain methods of palpation with example

**UNIT IX**  
**MACHINERY, EQUIPMENT AND LINEN**  
**SHORT ANSWERS**

1. Define inventory
2. What is the meaning of indent
3. Distinguish between disposable & reusable articles
4. Mention types of equipments
5. Mention any four equipment used in oral care
6. Name any four rubber goods
7. List down types of rubber catheter
8. What is the meaning of condemnation of article
9. Expand CSSD
10. What is autoclaving

**UNIT X**  
**MEETING NEEDS OF PATIENT**  
**LONG ESSAYS**

1. a. Enlist effects of neglected mouth
- b. Explain the procedure of oral care in an unconscious patient
- 2.a. Mention types of bed making.
- b. Explain preparation of post-operative bed in detail
3. Discuss the procedure of bedbath in a bed ridden patient
- 4.a.What is the meaning of nasogastric tube feeding
- b.Explain the steps of nasogastric tube feeding
5. a.Define urinary catheterization
- b.Explain the steps of urinary catheterization in a female patient
- 6.a.Define enema
- b.Classify enema
- c.Explain the steps with scientific principles in enema
- 7.a.Define bedsore
- b.What are the causes of bedsore
- c.Explain the nursing management of patients with bedsore
- 8.a.Define comfort
- b.Enlist the factors influencing comfort
- c.Explainthe types and usage of comfort devices
- 9.a.Define rest and sleep
- b.What are the stages of sleep
- c.Describe the factors affecting sleep
- 10.a.Write the factors affecting oxygenation

- b. List the methods of oxygen administration
- c. Write the procedure of oxygen administration through nasal cannula in detail
- 11. a. Enlist the areas of pressure points
- b. Explain the nursing management for prevention of bedsore in a bedridden patient
- 12. a. Define Pediculosis.
- b. Explain the procedure of head wash in a bedridden patient
- 13. a. Differentiate mobility and immobility
- b. State the principles of body mechanics
- c. Describe the complications of immobility.

## **SHORT ESSAYS**

1. Explain complications of neglected oral hygiene
2. Explain role of nurse in prevention of physical hazards
3. Describe the role of nurse in providing safe and clean environment
4. Discuss the role of nurse in prevention of decubitus ulcer
5. Explain the importance of sleep and rest
6. Describe the factors affecting the nutritional needs
7. Explain the steps of back care
8. Explain gastrostomy feeding
9. Describe characteristics and composition of urine
10. Explain Benedict's test for urine sugar
11. Explain factors affecting bowel elimination
13. Define constipation. Explain the nursing measures to prevent constipation
14. Explain the technique of administering Proctoclysis enema
15. Explain the procedure of sitz bath

## **UNIT XI**

### **INFECTION CONTROL IN CLINICAL SETTINGS**

#### **SHORT ESSAYS**

1. Discuss the role of Nurse in Infection Control

- 2.Explain the chain of Infection transmission
- 3.Differentiate between Medical and surgical asepsis
- 4.Define Universal Precautions.Discuss universal precautions practiced at hospital
- 5.Discuss on management of isolation unit
- 6.Explain in detail Barrier nursing
- 7.Write in detail on body defenses against infection
- 8.DefineNasocomialInfection.Discuss on the role of nurse in prevention of Nasocomial Infection
- 9.Definesterilization.Explain methods of sterilization
- 10.Discuss on types of hospital waste and hazards associated with hospital waste

## **SHORT ANSWERS**

1. Define infection
2. Define nosocomial infection
3. What is the meaning of isolation
4. Define medical asepsis
5. List four antiseptic agents
6. Define surgical asepsis
7. Enlist types of infection
8. Define asepsis
9. List down types of hospital waste
10. Differentiate between sterilization and disinfection

## **UNIT XII**

### **ADMINISTRATION OF MEDICATION**

#### **LONG ESSAYS**

- 1.a.What are the different routes of administration of medication
- b.Explain the principles of medication administration
- 2 a.Explain the routes and purposes of parenteral therapies
- b.Discuss nurses responsibility in IV infusion
- 3.a.Define medication
- b.Explain the rights of drug administration

c. Discuss the nurse's responsibilities in drug administration

4.a. Describe various forms of medication.

b. Explain the purpose and principles of oral medication

5.a. What is the meaning of IM injection

b. Explain the various sites of IM injection

c. Explain the steps in administration of IM injection

6.a. Define IV infusion

b. List down the purposes and sites of IV infusion

c. Explain the complications of IV infusion

7.a. What is steam inhalation

b. List down its purposes

c. Explain the procedure of steam inhalation

## **SHORT ANSWERS**

1. Define medication
2. What is suppository
3. Mention any 4 routes of drug administration
4. Expand-tid,q8h,qid,prn
5. Mention any four forms of drugs
6. List down the rights of medicine administration
7. Mention sites of IM injection
8. Which are the parts of a syringe and needle
9. What is topical administration of medication
10. Enlist routes of parenteral administration of medication

## **UNIT XIII**

### **MEETING NEEDS OF PERIOPERATIVE PATIENTS**

#### **SHORT ANSWERS**

1. Enlist the phases of peri operative care

2. List out types of wounds
3. What is the meaning of sling
4. Mention types of bandages
5. Which are the factors affecting wound healing
6. Mention complications of wound healing
7. What is a binder
8. Mention the uses of splint
9. Enlist stages of wound healing process
10. What is intra operative phase

## **UNIT XIV**

### **MEETING SPECIAL NEEDS OF THE PATIENT**

#### **SHORT ESSAYS**

1. Discuss on nursing measures for management of pain
2. Describe care of Unconscious patient
3. Write the indications for Naso gastric suction. Explain procedure
2. Explain the assesment of self care ability
3. Define pain and explain factors influencing pain
4. Discuss on nursing measures for Urinary retention
5. Discuss on nursing measures for Urinary Incontinence
6. Explain the methods of effective communication in hearing impaired
7. Describe nursing management for a patient with dyspnea
8. Differentiate between Gastric Gavage and Lavage

## **UNIT XV**

### **CARE OF TERMINALLY ILL PATIENT**

#### **SHORT ANSWERS**

1. Define loss
2. Define grief
3. State the clinical signs of death
4. What is autopsy
5. Define euthanasia

6. Enlist stages of death
7. What is organ donation
8. List down stages of grieving process
9. What is rigor mortis
10. Mention types of loss
11. Write the meaning of last office

## **UNIT XVI**

### **PROFESSIONAL NURSING CONCEPTS AND PRACTICES**

#### **SHORT ANSWERS**

1. Define theory
2. What is conceptual model
3. What is theoretical model
4. Mention any two uses of theories in nursing practice
5. List down any four theories in Nursing
6. Which are the phases of IPR according to Peplau
7. List down any four basic needs according to Virginia Henderson
8. Mention any two theoretical models useful in nursing practice
9. What is the meaning of the term 'holistic'
10. which are the four metaparadigms