INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the Writing Answer Booklet.

You must NOT remove OET material from the test room.
Mrs Priya Sharma is a patient in your general practice who is concerned about her glucose level control.

**PATIENT DETAILS:**

**Name:** Mrs Priya Sharma  
**DOB:** 08.05.58 (Age 60)  
**Address:** 71 Seaside Street, Newtown  

**Social background:** Married 40 years – 3 adult children, 5 grandchildren (overseas).  
Retired (clerical worker).

**Family history:** Many relatives with type 2 diabetes  
Nil else significant

**Medical history:** 1999 – type 2 diabetes  
Nil significant, no operations  
Allergic to penicillin  
Menopause 12 yrs  
Never smoked, nil alcohol  
No formal exercise

**Current Drugs:** Metformin 500mg b.d.  
Glipizide 5mg 2 mane  
No other prescribed, OTC, or recreational

**29/12/18**

**Discussion:** Concerned that her glucose levels are not well enough controlled – checks levels often (worried?)  
Attends health centre – feels not taking her concerns seriously  
Recent blood sugar levels (BSL) 6-18  
Checks BP at home  
Last eye check October 2017 – OK  
Wt steady, BMI 24  
App good, good diet  
Bowels normal, micturition normal
O/E: Full physical exam: NAD
BP 155/100
No peripheral neuropathy; pelvic exam not performed
Pathology requested: FBE, U&Es, creatinine, LFTs, full lipid profile, HbA1c Medication added: candesartan (Atacand) tab 4mg 1 mane
Review 2 weeks

05/01/19 Pathology report received:
FBE, U&Es, creatinine, LFTs in normal range
GFR > 60ml/min
HbA1c 10% (very poor control)
Lipids: Chol 6.2 (high), Trig 2.4, LDLC 3.7

12/01/19 Review of pathology results with Pt Changes in medication recommended
Metformin regime changed from 500mg b.d. to 750mg b.d.
Atorvastatin (Lipitor) 20mg 1 mane added Glipizide 5mg 2 mane
Review 2 weeks

30/01/19 Home BP in range Sugars improved
Pathology requested: fasting lipids, full profile

06/02/19 Pathology report received: Chol 3.2, Trig 1.7, LDLC 1.1

10/02/19 Pathology report reviewed with Mrs Sharma
Fasting sugar usually in 16+ (high) range
Other blood sugars 7-8
Refer to specialist at Diabetes Unit for further management of sugar levels

Writing Task:
Using the information in the case notes, write a letter of referral to Dr Smith, an endocrinologist at City Hospital, for further management of Mrs Sharma’s sugar levels. Address the letter to Dr Lisa Smith, Endocrinologist, City Hospital, Newtown.

In your answer:
- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.
Any answers recorded here will not be marked.
Dr Lisa Smith  
Endocrinologist  
City Hospital  
Newtown

10 February 2019

Dear Dr Smith,

Re: Mrs Priya Sharma  
DOB: 08/05/58

Thank you for seeing Mrs Priya Sharma, a type 2 diabetic, for further management of her blood sugar levels.

Mrs Sharma was diagnosed with NIDDM in 1999. She has been monitoring her BP and sugar levels at home since then. She has a strong family history of diabetes and is allergic to penicillin. Her weight is steady (BMI of 24) and an eye examination in October 2017 indicated no issues.

She initially presented on 29/12/18 concerned that her blood sugar levels were no longer well controlled. Her BP that day was 155/100 and her recent sugar levels were ranging between 6 and 18mmol/L. Her medication included Metformin 500mg b.d. and Glipizide 5mg x2 mane. I instituted Atacand 4mg x1 mane.

A pathology report received on 05/01/2019 showed HbA1c levels of 10% and GFR greater than 60ml/min. Her cholesterol was high (6.2).

On 12/01/19, I prescribed Lipitor 20mg mane. I also increased her Metformin regime to 750mg b.d. Since then, her home-monitored BP has been within range and her cholesterol has fallen to 3.2. Her non-fasting blood sugars are 7-8mmol/L, but her fasting blood sugar levels are usually in the 16+ range, which is high. Therefore, I am referring her to you for your specialist advice.

Yours sincerely,

Doctor