



MATERIAL



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SPEAKING TEST 6

Time allowed: 20 minutes

ROLE PLAYER'S CARD NO.1

Setting: Alpha Hospital, London

Patient: You are 32 years old and recovering from an injury to your right elbow. You have recently undergone an operation for this injury but it is a week later and you are still not able to make any movements with your arm. You are a bit worried because you feel pain even if you raise your hand a little bit and you're afraid that you may not completely recover.

Task:

- Explain the problems that you have been experiencing with movement to the doctor and express your fear and anxiety about your recovery.
- Ask your doctor how much time it will take for you to recover and what you can do to help with this process.
- Ask if there are any types of exercises which you could perform to aid your recovery.
- Ask your doctor if he can arrange for a physiotherapist to visit you as well.

CANDIDATE'S CARD NO. 1

Setting: Alpha Hospital

Doctor: You are speaking to a young man who has recently been operated on by you, due to an injury to his right elbow. It has now been over a week since the surgery and the patient is still not able to make any sort of movements with his arm. He is a bit worried and wants to know how much time he will take to recover from this injury.

Task:

- Explain to the patient how severe this injury was, but relieve his anxiety by explaining to him about how lucky he is to have avoided a much more severe injury.
- Explain to the patient why he is not able to make any movements at the moment and inform him that the elbow bone and the bone around the shoulder are slightly fractured, which may take time to heal properly etc.
- Ask him to try some movements in a lying down position on the bed, for example, lifting his hand up and down, slowly and cautiously, giving some movements to the fingers etc.
- Explain how a physiotherapist can help him with his recovery.
- Advise the patient to take the medicine on time as well.

END OF SPEAKING TEST 6

SPEAKING TEST 7

Time allowed: 20 minutes

ROLE PLAYER'S CARD NO.1

Setting: LEO Hospital

Patient: You are 43 years old and have recently undergone endoscopic sinus surgery – FESS (functional endoscopic sinus surgery). After a week's stay at the hospital, you are now going to be discharged and go back to your home. You don't know what precautions you will have to take to recover fully and you are worried about whether you will have to take the antibiotics for a long period of time. You are a smoker and would like to know whether you can continue smoking or if you will have to quit.

Task:

- Explain to the doctor what you are very concerned about and try to find out

- what you should do if your nose bleeds in the future etc.
- Ask your doctor what you can do to stop the development of any kind of infection in the future.
- Ask your doctor if you can indulge in any physical activities or not, for example, jogging, running etc.
- Find out how much time it will take for you to fully recover and what you can do to help with this.
- Find out whether you will have to come in for a check-up monthly or quarterly.
- Ask your doctor if you can continue smoking or whether you will have to quit.

CANDIDATE'S CARD NO. 1

Setting: LEO Hospital

Doctor: You are speaking to a patient who has recently undergone FESS (functional endoscopic sinus surgery). After a week's stay at the hospital, the patient is finally going home but they are worried and want to know what precautions they need to take to stop any kind of infection and to fully recover. The patient is a smoker and wants to know whether they can continue smoking after a week or two, or whether they must quit smoking for good.

Task:

- Try to reassure the patient by saying that there will be no complications of any kind after the operation and that nosebleeds only occur in 1-2% of patients.
- Explain to the patient what precautions they need to take to avoid any kind of infection or any sort of complications. Explain that they may have to avoid partaking in physical activities like running etc., blow the nose gently after nasal irrigation, avoid heavy nasal blowing for at least 10 days after the operation, avoid smoky or dusty atmospheres, and avoid hot baths and showers etc.
- Explain to the patient why they will have to quit smoking for at least a couple of weeks or months; smoking may lead to a higher chance of infection.
- Advise the patient to take the medicine on time as well.

END OF SPEAKING TEST 7

SPEAKING TEST 8

Time allowed: 20 minutes

ROLE PLAYER'S CARD NO.1

Setting: London Hospital

Patient: You are a 26 year old who has recently had your appendix removed at the hospital. Two days after the operation, you are back in hospital again, due to drainage from the incision. You are a bit worried about this and you want to know if it is going to affect your life in the future.

Task:

- Explain to the doctor what problem you are facing; explain how it is painful, about the fever, the redness and swelling around the incision, the warmness around the incision etc.
- Express that you are worried about your recovery and that you want to resume your normal daily activities as soon as you can. Ask your doctor how much time it will take for you to recover and what you can do to help speed up this process.
- Ask if you need to adopt any sort of special diet plan.
- Take suggestions from the doctor about what to do if drainage occurs in the future etc.

CANDIDATE'S CARD NO. 1

Setting: London Hospital

Doctor: You are speaking to a patient who has recently had their appendix removed. The patient was given discharge from the hospital the day after the operation but, two days later, they were taken back to the hospital again due to

drainage from the incision. The patient is worried and wants to know what they can do to get better as soon as possible.

Task:

- Explain to the patient what might have led to the drainage from the incision; explain that it is very rare and that it may happen due to sudden movement or due to any sort of injury etc.
- Explain to the patient what sort of diet would be best and what they can do to avoid more problems in the future.
- Explain to the patient about the complications which have occurred due to this unexpected drainage from the incision.
- Explain to the patient that it will take a bit of time to heal again.
- Advise the patient to take the medicine on time and explain the benefits of adopting the right diet plan etc.

END OF SPEAKING TEST 8

SPEAKING TEST 9

Time allowed: 20 minutes

CANDIDATE'S CARD NO. 1

Setting: CWC Hospital

Doctor: A 54-year-old man has recently undergone bypass heart surgery. He is worried about what precautions he might have to take in order to maintain a healthy lifestyle and prevent any problems in the future.

Task:

- Explain to the patient about what precautions he might have to take in order to avoid any sort of complications after the operation. Discuss the necessity of keeping the incision area clean and tidy, not driving for about the first 6 weeks after the operation etc.
- Explain to the patient what diet plan would be best for him; let the patient know that having a poor appetite after the operation is completely normal and provide special dietary instructions.
- Make the patient aware of what circumstances would require him to contact the doctor immediately, for example, if there is numbness, itching tightness etc. around incision or he is experiencing a lot of pain in his legs or around the chest.
- Advise the patient to take the medication on time and stress the importance of regular heart check-ups.

ROLE PLAYER'S CARD NO. 1**Setting: CWC Hospital**

Patient: You are 54 years old and currently recovering from bypass heart surgery. You are worried about your recovery and would like to know if there is anything you can do to help speed up this process, or what precautions you may have to take to avoid any sort of problems in the future.

Task:

- Talk to the doctor about how you can get well as soon as possible and how much time it will take for you to recover etc.
- Try to find out from the doctor what your diet should be like.
- Find out whether you can go for a morning walk after a month or not.
- Ask your doctor what precautions you may have to take in order to stay healthy and avoid any problems in the future.

END OF SPEAKING TEST 9

SPEAKING TEST 10

Time allowed: 20 minutes

CANDIDATE'S CARD NO. 1

Setting: ENT Hospital, London

Doctor: Mark Surry, 23, is a tonsillectomy patient. Tonsil surgery was performed two days ago. After the operation, the patient started complaining of ear pain and sickness. He wants to know if there are any complications involved in it or whether this surgery is going to affect his voice. He also wants to know about what care he has to take in order to feel better soon.

Task:

- Explain to the patient that the surgery was successfully performed and that he doesn't have to worry about anything.
- Explain to the patient why there can be ear pain sometimes, for example, a patient may have sore ears which is completely normal. This is because the throat and ears have the same nerves; it doesn't suggest that the patient has an ear infection.
- Explain to the patient about possible complications as well. The most serious among them is bleeding, which may occur in 1 in every 100 patients. If bleeding occurs, then a second operation may be required.
- Explain to the patient about the possibility of feeling sick, a common symptom after the operation, which should settle down quite quickly.
- Assure the patient that he will have no problems in the future at all; explain to the patient that there will be no effect on his voice.
- Explain to the patient what diet would be best for him and what he should avoid etc.

ROLE PLAYER'S CARD NO. 1

Setting: ENT Hospital

Patient: You are Mark Surry and you are 23 years old. You are a tonsillectomy patient. Two days after the operation, you started feeling pain in your ear. You are worried and want to know if there are any possible complications after this operation.

Task:

- Explain to the doctor the problem you are experiencing: the ear pain, the sickness etc.
- Express that you are a little bit worried about these symptoms.
- Try to find out everything about the possible complications which may occur.
- Ask the doctor if there will be any effect on your voice due to the operation and what you can do to feel normal again.
- Ask if you have to alter your diet in any way.
- Find out how much time it will take for you to recover. Take suggestions from the doctor about what things you can do to aid your recovery.

END OF SPEAKING TEST 10

Speaking Test 6:

Script

This is just a sample script. The real conversation may involve a different dialogue between the role-player and the candidate...

Doctor: Hello, how are you doing now?

Patient: Hello, doctor, everything is fine; but this pain is still here – is that normal?

Doctor: Oh, here around the elbow?

Patient: Yes, doctor, I don't understand it! It's been over a week and I'm not able to make any movements at all...

Doctor: I understand your frustration; it has been over a week but you also need to understand that your case was very complex. I must say that you have been very lucky not to have suffered a more serious injury; your operation was done just on time, so you stand a high chance of regaining all mobility.

Patient: Doctor...I feel so....but you see, I really want to get back to normal as soon as possible. I can't move my elbow or arm at all, not even small movements; I'm not even able to raise my hand! When I try, I feel so much pain.

Doctor: It is normal....you'll have to wait before you can make some movements; you will need lots of rest. I must say that your elbow bone and the bone around the shoulder were badly injured; you're very lucky that the injury was not more severe, otherwise you wouldn't have been able to make use of your hand for a long period of time...

Patient: Oh, I am really thankful to God for that...but, doctor, what do you think - how much time will I take to get back to normal?

Doctor: Well, I can't say for certain now but, perhaps, you will take about a month to get well again and get back to your normal routine.

Patient: One month? That's a really long time! Do I really have to wait for a whole month?

Doctor: Well, yes, I'm afraid you'll have to; but don't worry, you will be able to make some movements after a week or so...

Patient: Are there any exercises, doctor? I mean any exercises which can help me to regain my mobility sooner?

Doctor: Well, there are. A physiotherapist will be able to help you; we've contacted one of the best physiotherapists, he will be here to see you soon and he'll explain what exercises you should do. You can simply exercise your arm while lying or sitting and build the exercises up slowly.

Patient: Oh, thanks a lot, doctor; I'm really thankful to you for this...

Doctor: Oh, please; it is our duty to look after the wellbeing of our patients...

Patient: And doctor, will I be able to lead a normal life? I mean, will I have any trouble with moving my arm in the future?

Doctor: No, don't worry; you won't have any kind of trouble.

Patient: Because, a friend of mine underwent surgery - shoulder surgery....and after the operation he began to feel pain and he's been suffering from pain since the time of his surgery....

Doctor: When did he undergo surgery?

Patient: Well, about four months ago, I think...

Doctor: Ok, well, I assure you that won't be the case with you....you'll be back to normal before you know it! Sometimes, when the surgery is not performed well, then the pain flares up; but you don't need to worry, we have done a very good job!

Patient: Oh, thank you doctor...

Doctor: You just need to take the medicine which has been prescribed for you on time and make sure that you follow the instructions given to you by the physiotherapist. If you can do both of those things, your recovery will be a smooth one.

Patient: Oh, sure, doctor, I will.

Doctor: Ok then, take care.

Patient: Thanks, doctor, thanks a lot.

End of the Script

Speaking Test 7:

Script

This is just a sample script. The real conversation may involve a different dialogue between the role-player and the candidate...

Doctor: Hello.

Patient: Hello, doctor.

Doctor: So, how are you now? Feeling better?

Patient: Yes, doctor.

Doctor: Well, I think you can go home now.

Patient: Oh, thanks a lot doctor...

Doctor: I'm hopeful that you won't have any more trouble now; the surgery was successfully performed and you are making good progress.

Patient: But doctor, I have a few questions. I am a little worried...

Doctor: Please, ask away....

Patient: Just two days ago, it was bleeding...I'm really concerned, will it bleed again and what shall I do if it bleeds again?

Doctor: Well, it won't happen; you don't need to be worried. We're going to prescribe something for you which can help you with your recovery; you won't face any kind of problems in the future.

Patient: Ah, doctor, do I have to continue taking the medicines for the rest of my life?

Doctor: Well, it is not like that. Until the problem ceases, you will have to keep taking it – but once everything is alright then we will tell you that you can stop taking the medicine.

Patient: And about infection...doctor, will there be any infection again?

Doctor: No, there will be no infection. We are going to prescribe some antibiotics for you...and I must say that infection only develops when you don't take good care of yourself.

Patient: No, doctor, I am definitely going to take good care of myself...and I want to know, doctor, if there is anything I can do to help speed up my recovery?

Doctor: Well, I'm afraid there is no such process. You will have to wait for a couple of weeks to recover fully...and I must say that you may experience some swelling or tenderness at the site of surgery, but don't worry - this is normal. You may also have symptoms like a severe cold or sinus infection, which can be due to swelling or dry blood. I'm going to recommend a nasal irrigation or saline spray and some antibiotic lubricants to help you to relieve these symptoms.

Patient: When will I be able to resume normal activity, doctor?

Doctor: I have already told you ...you will have to wait for a couple of weeks.

Patient: And one last question, doctor? I am a smoker...do you think I can still smoke?

Doctor: Well, I am sorry...but you mustn't smoke! You will have to avoid smoking at all costs. If you smoke, then this may worsen the condition; so, if you want to get better soon then you will have to quit smoking.

Patient: Then, you mean, I can't...

Doctor: Yes, you can't and you won't! You will have to stop.

Patient: Well, OK, doctor....I will avoid cigarettes...

Doctor: Good. So, see you again in one week's time...and don't forget to take the medicine on time!

Patient: Sure, doctor. Thanks a lot.

End of the script

Speaking Test 8:

Script

This is just a sample script. The real conversation may involve a different dialogue between the role-player and the candidate...

Doctor: Hello, how are you now?

Patient: Hello, doctor. Oh.....it is very painful!

Doctor: Let me take a look...

Patient: Doctor, it pains me so much...it's unbearable!

Doctor: I think this has happened because you haven't taken the precautions suggested to you...

Patient: No, doctor, I followed them; it was only last night that I began to feel this pain and I wasn't able to sleep well....

Doctor: Well, how come you have suddenly started feeling this pain?

Patient: I don't know, doctor... all of a sudden, it started hurting loads.....even my temperature was higher and I found redness and swelling round the incision too...the area around the incision was warmth, is that normal? I don't understand why it suddenly started bothering me so much....I was in so much pain for the whole night.

Doctor: You must have made some sudden movements.....or it could have been because of an injury – have you hurt yourself in anyway?

Patient: Well....there were no movements or any kind of injury, doctor, I've been very careful!

Doctor: Oh...well, if there is bleeding or if there is this unexpected drainage then we might have to perform the operation again; we will have to sort this out sooner rather than later....

Patient: Operation? Again? Oh...isn't there any other option, doctor?

Doctor: Well, you see, I am going to prescribe something for you...but if the condition doesn't get any better then you will have to undergo a small operation again...it's necessary to know why you are still experiencing pain.

Patient: But, doctor.....

Doctor: You don't need to be worried; I'm sure of one thing - the medications will help you and there will be no need of the operation...I'm only mentioning the operation because it's always a secondary operation. However, in most of the cases, patients improve with medications – so try not to panic.

Patient: Well, I hope that I get better with the medication....I really want to get well as soon as I can.

Doctor: And I suggest you adopt the right diet plan as well...

Patient: What should my diet be like, doctor?

Doctor: Eat light food for a couple of days...anything which is easily digested...

Patient: Sure, doctor, I will take care of that....

Doctor: And I suggest that you avoid taking showers for two to three days, as there is swelling and warmth around the incision.

Patient: OK, doctor...I will avoid that.

Doctor: Take this prescribed medicine for three days and then come back to see me again and we will see if you are making progress.

Patient: Fine, doctor.... I will. But, will the pain go away with this medication?

Doctor: I am sure it will..... you don't have to be worried.

Patient: OK, thank you, doctor.

Doctor: OK, I'll see you again after three days. And, please, call me if there is anything you are worried about.

Patient: Sure, doctor... thanks a lot.

End of the Script

Speaking Test 9:

Script

This is just a sample script. The real conversation may involve a different dialogue between the role-player and the candidate...

Doctor: Hello, how are you now?

Patient: Hello, doctor; I'm feeling a bit better now, I think...

Doctor: You will go home today.

Patient: Oh, wow, thanks doctor – that's good news.

Doctor: But you should know that your operation was very complex; you need to be very careful to avoid any kind of problems in the future.

Patient: What precautions do I need to take, doctor?

Doctor: Well, you will have to be very careful....avoid taking showers for about a week, keep the incision area clean and tidy and, please, strictly NO driving - you can't drive for at least the first six weeks, that's very important.

Patient: Sure, doctor, I won't...and doctor, will there be any sort of problems?

Doctor: Like what?

Patient: I mean, if the infection develops...

Doctor: No, there won't be any infection; in fact, recovery depends much more on how you take care of yourself now.

Patient: Oh, I see...

Doctor: But, you need to get in touch immediately if there are any signs of infection, which may include: increased drainage or oozing from the site of incision; increased opening of the incision line; a significant increase in body temperature; if there is any redness or warmth around the incision etc. If you are concerned about anything, it's best to let us know.

Patient: I will get in touch with you, doctor.

Doctor: And I must say it can be very common to develop a black and blue area, a bruise, around the groin site; this isn't due to bleeding but it can happen because of the blood that seeped into the area during the procedure, which migrates to the skin and causes discoloration of the skin. So, don't panic, this discoloration is completely normal. And you don't have to worry - it will fade away after a few weeks.

Patient: And what other precautions should I take, doctor?

Doctor: Please, do not take part in any physical activity. Try to avoid too much walking or any kind of movement. You should only be on your feet for three things: to use the bathroom; to go for dinner; or to go to bed...you'll have to avoid activities which will pull or stress the affected area - you need to rest.

Patient: Doctor, will I be able to lead a normal life? I'm really worried; I don't know whether I will be able to lead the same old life I did before or not...

Doctor: Well, most patients lead a normal life even after this heart catheterization, so you shouldn't worry about it. You will get back to your normal life... you just need to follow what is being suggested to you and it won't be long before you are feeling much better again.

Patient: Certainly, I will follow all the advice, doctor.

Doctor: Fantastic. So, you get ready to go home now and get in touch if you have any concerns; don't forget to visit the hospital again after 5 days or so, just so we can check your progress.

Patient: Thanks, doctor, I will see you then.

Doctor: Take care.

Patient: Thanks, doctor.

End of the Script

Speaking Test 10:

Script

This is just a sample script. The real conversation may involve a different dialogue between the role-player and the candidate...

Doctor: Hello.

Patient: Hello, doctor.

Doctor: So, how are you now?

Patient: Fine, doctor, but I feel some pain in my ear drum.....and there is some sort of sickness too...

Doctor: Well, I must say that the surgery was successful; there haven't been any complications and you don't have to worry - this ear pain can be quite common after the operation. A patient may sometimes have sore ears for a while and this is nothing to worry about. The simple reason for this is that the throat and the ears have the same nerves. Here, pain in the ear or ear drum doesn't mean that you have an infection so, please, do not be worried.

Patient: Oh, ok, I understand, doctor, thanks...I was thinking that there might be some kind of infection due to this operation; I was really not able to sleep well because of this ear pain...

Doctor: Don't be worried. I'm going to prescribe something new for that and you will be alright again soon...

Patient: And I've also been feeling really sick, doctor, I've vomited a few times....is this normal?

Doctor: Well, this can also be very common but it will go away; you will feel much better after about three-four days....

Patient: And what about my voice, doctor; will this operation have any effect on my voice? I am really thinking a lot about it – I don't want my voice to change.

Doctor: Well, don't worry, you will have no change in your voice. There's a possibility of a small change in the beginning, as healing will take time, but once you have recovered you will have no difficulty at all. Now, you should avoid speaking for a long period of time, it's best to rest your voice as much as possible; you need to give some relaxation to your vocal chords. Your voice will go back to normal once you have fully recovered.

Patient: Are there any complications, doctor?

Doctor: No, there aren't. You don't need to think too much about that. On rare occasions, the patient complains of bleeding; but this only occurs in 1 in every 100 patients. And I must say, if bleeding occurs then a second operation is required; but you don't need to worry, your case was a simple one...and there will be no bleeding.

Patient: Oh, thanks doctor.

Doctor: And one more thing, you will have to focus much more on what you eat - I mean, you will have to eat a good diet.

Patient: Ok, what should my diet include, doctor?

Doctor: Eat anything which requires less chewing and drink plenty of fluids; fluid intake is the single most important thing, following this surgery...but strictly NO carbonated beverages! You need to avoid citrus drinks and soda because of the acidic content, and also avoid milk or milk products for a couple of days. Custard, pudding or pudding pops can be eaten and continue pushing the fluids to avoid dehydration. Later, after about two days, you can eat soft foods such as noodles, scrambled eggs, mashed potatoes, soggy cereal, cooked cereal, soups etc. And one more thing, do not eat anything that is too hot or too cold.

Patient: Thank you, doctor, I will certainly, remember all these things.

Doctor: OK, then, see you in about three days. Come for the check-up – don't forget!

Patient: Certainly, I will....thanks, doctor.

Doctor: Take care.

Patient: Thanks, doctor.

End of the Script